



FSH Installation Safety Office

FY 2005 MASTER ACCIDENT PREVENTION PLAN

"SAFETY IS NOT THE ABSENCE OF RISK - IT IS THE PRESENCE OF GOOD JUDGEMENT"



MONTH	TOPICS & TRAINING	SAFETY FILMS	HOLIDAY Messages	SAFETY HANDOUTS	SUPERVISOR ACTION
	FIRE SAFETY	<ul style="list-style-type: none">*ABC – Fire Extinguishers*3 Steps to Safety*It Doesn't Stack Up*Personal Protective Equipment	 Columbus Day		Check training records to ensure that all personnel assigned to operate fire extinguishers are properly trained.
	RESPIRATORS & BREATHABLE AIR	<ul style="list-style-type: none">*Respiratory Safety*Space Heaters*Stay Low-Stay Alive*Repetitive Stress Injuries		<ul style="list-style-type: none">*You & Your Respirator*Housekeeping*Walking/Fitness	Ensure that all employees have annual fit test for respirators. Maintain records on the quality of breathing air.
	CELEBRATING SAFELY COLD WEATHER	<ul style="list-style-type: none">*Slipping' & Sliding'*Winter Driving*Step Ladders*Just A Little Nip	 HAPPY HOLIDAY AND HAPPY NEW YEAR	<ul style="list-style-type: none">*Celebrating Safely*Proactive Safety Attitudes*Energy-Use it Wisely	Accidents do not take holidays, so encourage employees to use extra caution during Christmas and New Years.
	WELLNESS	<ul style="list-style-type: none">*Watch Your Back*Diet Right*Colds & Flu*Intro of Safety – General Industry		<ul style="list-style-type: none">*Stress – Don't Let It Get You Down*Back Safety*Spit Tobacco	Encourage employees to give up the use of tobacco products. Promote exercise and weight loss. Work to reduce stress.
	EYE-HEARING PROTECTION	<ul style="list-style-type: none">*Now Hear This*Keeping it in Focus*Home Ergonomics*Redundant Redundancy	 PRESIDENTS' DAY	<ul style="list-style-type: none">*How to Protect Your Hearing*Beware of the Bite*Warning Labels & Signs	You can walk with a wooden leg, eat with false teeth and even hear with a hearing aid, but you can't see through a glass eye! WEAR PPE!!!
	OVERHEAD CRANES & SLINGS	<ul style="list-style-type: none">*Up, Up & Aware*Repetitive Strain Injuries*A Shocking Experience*Silence of the Slams		<ul style="list-style-type: none">*Personal Protective Equipment*Indoor Cranes*Boating & Alcohol	Inspect your work area for slings that are out of inspection date. Promote "off duty" boating safety.
	RISK ASSESSMENTS	<ul style="list-style-type: none">*Workplace Safety*Watch Your Load*There's No Magic to Safety*Good Driving - Attitude	 EASTER SUNDAY	<ul style="list-style-type: none">*Welcome to our Safety Team*Workplace Falls*Bike Safety	Inspect your area for hazards using the risk assessment approach. Identify hazards and implement controls.
	HEAT INJURY	<ul style="list-style-type: none">*Heat Stress*Natural Disaster Preparedness*Seat Belts – Air Bags*Battling Fatigue	 MEMORIAL DAY	<ul style="list-style-type: none">*Workplace Heat*Vacation Safety*Low Water Crossings	Watch employees carefully in periods of extreme heat. Ensure employees replace fluids and salts lost through sweating.
	LOCK-OUT TAG-OUT SAFETY	<ul style="list-style-type: none">*ZAP! Power Line Safety*Chemical Spills Part I*The Big Reach*Hearing Protection Devices		<ul style="list-style-type: none">*Lock-Out /Tag-Out*Working Safely with Machines*About Cholesterol	Lockout devices are used to prevent startup, or the released of stored energy when machinery or equipment is being maintained or repaired.
	ERGONOMICS	<ul style="list-style-type: none">*The Eye Strain*Cracking the Code*Intro to Powered Industrial Trucks*Conveyors	 4th JULY	<ul style="list-style-type: none">*Ergonomics*Recreational Safety*Relaxation Techniques	Encourage workers to stretch prior to starting work. Most compensation injuries occur during the first few hours of work when muscles are cold and tight.
	HAZARD COMMUNICATIONS	<ul style="list-style-type: none">*Up in Smoke*Safety Man – Lifting*Chemical Spills Part II*Emergency Evacuations – Multi Story Buildings	 Label Containers	<ul style="list-style-type: none">*HAZCOM – The Road to Safety*Diabetes-Learn the Facts*Poison & You	Have employees read the label before handling hazardous chemicals. When health and safety is at stake, it always pays to double-check.
	OSHA CONFINED SPACE	<ul style="list-style-type: none">*Limited Spaces*I Plan to Live*Self Interest of Safety*Workers Enemy #1	 LABOR DAY	<ul style="list-style-type: none">*Inside Maneuvers (Confined Spaces)*The Dirty Dozen*Terrorism	Know the dangers of confined spaces. Confined spaces can be highly dangerous areas. Their hazards are often invisible, fast-working and difficult to escape.

ADDITIONAL INFORMATION ON MONTHLY SAFETY SUBJECTS CAN BE OBTAINED BY CONTACTING THE FSH SAFETY OFFICE @ 221-3866 OR BY E-MAIL: Guadalupe.Gomez@samhouston.army.mil